NHS Fife Psychology service: Assessment for dyslexia in adulthood.

Clinical Psychologists in the Adult Mental Health Psychology service do not undertake assessments for dyslexia. Instead, it is usually Psychologists working in Education who provide assessments for Dyslexia. Although it is relatively easy to access an Educational Psychologist whilst at school or college, there tends to be a lack of services for diagnosing Dyslexia in adulthood. However, for people living in Fife, the following options that may be helpful:

1. Firstly, you might wish to **contact the local Adult Basic Education service**. This is a free service and their organisation provides a general screening assessment for literacy difficulties including Dyslexia. They are able to indicate the likelihood of such a problem but cannot give a definitive diagnosis. They also provide follow-up intervention to help people to improve their literacy skills and compensate for literacy difficulties.

   For Dunfermline, Cowdenbeath, South West Fife and Glenrothes
   Tel: 01592 583496
   By Post: Fife Council, New City House, 1 Edgar Street, Dunfermline, KY12 7EP
   Online: Search Adult Basic Education on the Fife Direct website (http://www.fifedirect.org.uk/).

   For Kirkcaldy, Levenmouth and East Fife Area
   Tel: 03451 55 55 55 + Ext 47 10 46
   By Post: Fife Council, Town House, 2 Wemyssfield, Kirkcaldy, KY1 1XW
   Online: Search Adult Basic Education on the Fife Direct website (http://www.fifedirect.org.uk/).

2. For a definitive diagnosis of Dyslexia, you could arrange to see an Educational Psychologist privately and there would normally be a fee for such an assessment (ranging from £100 - £300). To arrange this, you could contact **Dyslexia Action Scotland** (www.dyslexiaaction.org.uk; Napiershall Centre, 39 Napiershall Street, Glasgow, G20 6EZ; telephone number 0141 334 4549) who offer assessment and intervention services.

3. There are also private organisations staffed by psychologists that do assessments for dyslexia and related problems.